PRINCIPAL’S REPORT

May 25, 2012

Affirmation
Most people never run far enough on their first wind to find out they’ve got a second. Give your dreams all you’ve got and you’ll be amazed at the energy that comes out of you.

William James

BEST PRACTICE IN TEACHING AND LEARNING
We have been recognised by the Department of Education and Early Childhood Development as having ‘Best Practice’ for Teaching and Learning. Representatives from the Department visited the College on Tuesday and filmed a documentary on many of the exciting things that are happening in our College. When the documentary is completed we will place it on our website for you to view and share with your family.

PUPIL FREE DAY TERM 3
Due to circumstances we have had the need to change the Pupil Free Professional Development Day for Term 3. The new date is Monday 30th of July. It is the beginning of the 3rd week of Term 3. Please make a note of this date in your diaries and calendars.

EXAM PREPARATION
As the end of Semester one is approaching fast, students in Years 10, 11 & 12 will need to be preparing for their end of unit exams. Years 10, 11 & 12 Exam period runs from Monday 4th June to Thursday 14th June with Year 12 GAT being held on Thursday 14th June. 2012.

Students from Years 10, 11 and 12 will be receiving their exam timetables shortly, including a copy of the Mooroolbark College and VCAA exam rules. Both these documents will be posted on Studywiz for students to access.

It is important that all students take these exams seriously and prepare well. We expect students to do their best and achieve good results.

NAPLAN TESTING
Congratulations to our Year 7 and 9 students who undertook the National Assessment Program Literacy and Numeracy (NAPLAN) tests last week. I was very impressed with the seriousness students approached the assessments. It was very evident that the students wanted to do their best. As I have stated earlier, these tests are important to the College as they do provide us with an external measure of the students’ knowledge and skills in literacy and numeracy. When we receive the information about student achievement we will use it to inform our teaching and learning programs.

CROSS COUNTRY
I wish to thank Keith Clapp for his work in organising a very successful House Fun Run and Cross Country held at Lilydale Lake on Friday 11th May. It was wonderful to see so many students from Years 7 to 12 participating and enjoying the event. Thank you also to the large number of parents/guardians who attended and helped out on the day, this added support to the afternoon. I know that both staff and students appreciated it.

The overall Champion House for 2012 was again the Yellow Stingers who retained their title. Second place went to Blue Thunder, just ahead of Red Devils and Green Machine.
PRINCIPAL contd.

BULLYING WORKSHOP
Mooroolbark College has a ZERO tolerance approach to Bullying of any form. The students are aware that they can approach any of their teachers for support at any time.

In line with our strong stand against bullying, the Year 7 students have all undertaken a Bullying Workshop with Mr John Nichol, our Student Welfare Coordinator. It is an outstanding program and gives students understanding of the effects of bullying and strategies for dealing with it.

If you or your child has any concerns about bullying, then please do not hesitate to contact the College on 9727 8100.

VCAL MARKET DAY
A Market Day was organised by our VACL students as part of a unit of work. All the VACL students did a terrific job in organising a stall and running it. The Market Day was positively received by the whole student body who eagerly bought and ate all that the VACL students sold. I am very grateful to the following teachers who supported the students either on the day or as their teachers in class. Jenny Roache, Chris Seabrook, Melissa Cameron, Chris Stephen, Todd Zarebski, Dannielle Clarke and Jesse Johnson.

ARICONDITIERS
The College has been raising money through saving and the generous donations of our school community to install reverse cycle air-conditioners in all the classrooms. This is important for our College as the antiquated boiler system we currently have is extremely expensive and inefficient. The money saved by having efficient air-conditioning can then be directed into more programs and resources for students.

We appreciate the generosity of all who have contributed, because it does make a difference to the learning environment for the students.

All donations are tax deductible, so if you are able to contribute to supporting the College we will be able to achieve our goal sooner. Thank you for your support.

Simon Reid
Principal

ASSISTANT PRINCIPAL contd.

COLLEGE PROFESSIONAL DEVELOPMENT DAY
(STUDENT FREE)
CHANGE OF DATE TO
30TH JULY, 2012

WOOLWORTHS EARN & LEARN
The Earn and Learn program is designed to support primary and secondary schools across Australia in the purchase of valuable learning resources.

The College has again partnered with Modern Teaching Aids to bring these resources to you over the coming months.

Students have been given Sheets to start filling up when shopping at Woolworths. If you are in need of any more, please visit Woolworths as they have further copies available in store.

As the program has already started please keep shopping at Woolworths to receive these points. This supports the College in our endeavours to purchase further resources.

EMA
A reminder to parents/guardians the Semester 1 EMA Cheques can now be collected from the General Office where they must be signed for. If you require your child to collect your cheque please issue them a note.

Carmel Gibbs
EMA Administrator

GENERAL OFFICE
This is a reminder to all community members including parents/guardians who visit the school.

It is a requirement that all visitors to the school report to the general office and sign in. It is not appropriate for visitors to approach staff or students in the yard or to go to individual staff offices without first going to the general office. Thank you for your support.

REPORT WRITING DAY
On Friday 15th June reminder that it is Report Writing Day and students are not required at the College on this day.

Lyn Godfrey
Assistant Principal

ASSISTANT PRINCIPAL contd.

COLLEGE INFORMATION

CAMP FOR GIRLS AGED 12 TO 15
Bridge Builders is offering places on their “Young Women’s Retreat” for some of our girls.

The program is designed to build self esteem and self confidence in young girls. The program also includes Workshops on positive thinking, relationships and body image and will include a guest speaker. Other activities will include art/crafts, games and a movie night.

Dates: Monday 2nd –Thursday 5th July

Venue: Alpine Ash Mountain Retreat, Toolangi

Cost $88.00

If you are interested in finding out more then please feel free to contact John Nichol at the College.

John Nichol
Student Welfare Coordinator
SPORT

CROSS COUNTRY RESULTS
Mooroolbark College held their Annual Cross Country and Fun Run at Lilydale Lake on Friday 11th May. Although raining early it turned out to be ideal conditions for running.

It was wonderful to see many parents/guardians in attendance supporting their children and the event.

Also pleasing was the support and attendance of the voluntary runners from Years 9-12. Three extra buses were needed to transport these competitors.

Our Fun Run element uses the Golden Circle system of sponsorship and the SRC chooses who the money raised goes to each year (last year was Kids under Canvas) and they provided fruit sticks, icy poles and milky freezies to encourage students to eat healthy and get involved in community projects and exercise.

RESULTS:
1st YELLOW 173
2nd BLUE 164
3rd RED 163
4th GREEN 159

Actually a very close competition. The Medal Winners for each Age Groups were:

Year 7 Girls 1st Sarah Mullens, 2nd Sarah Weir, 3rd Mackenzie Foulis

Year 7 Boys 1st Braedon Doble, 2nd Nhial Kier, 3rd Brayden Shield

Year 8 Girls 1st Kirra Abrehart, 2nd Codie Orme, 3rd Jamison Batten

Year 8 Boys 1st Oscar Laybourne, 2nd Lachlan Eagleton, 3rd Josh Mung

Intermediate Girls 1st Paula Hubben, 2nd Sophie Dillema, 3rd Alisha Ryan

Intermediate Boys 1st Reece Hubben, 2nd Luke Thomas, 3rd Connor Hughes

Senior Girls 1st Anna Mullens, 2nd Zoe Tindley, 3rd Emilie Garside

Senior Boys 1st Steve Watkins, 2nd Aaron Fernando, 3rd Luke Harb

The next round of competition for Cross Country is the Yarra District to be held on Tuesday 29th May, at Lilydale Lake and students who placed highly will be invited to run again and represent the College on that date.

SPORT contd.

MOUTHGUARDS
As the winter season comes upon us many of the school's PE and Interschool Sport activities focus on traditional cold weather sports. These can include Soccer, AFL Football, Rugby, Hockey, Basketball, Netball and Olympic Handball which is presented in several year levels in PE.

While Rugby is played as just Touch Rugby, and many of the other sports are called Non Contact, accidental and unintended contact can be made at times. The wearing of mouth guards can avoid many unpleasant and inadvertent problems and are recommended at all times.

The College has published the professional mouth guard manufacture website for schools Playsafe Mouthguards in earlier Newsletters, but even the purchase of a $10 plastic Mouthguard from the Chemist can give some protection for little cost.

CLOTHING
During the winter season students need to have a full change of clothing in a separate bag, including shoes and socks in case of inclement weather conditions.

Keith Clapp
Sports Coordinator

ARTS contd.

When you are in the classrooms in D Block, check out the other great artworks that are on display.

We have very creative and talented students in Mooroolbark College and it is always a pleasure to showcase them to the wider community. Come and check us out.

If any person has any clean empty ice-cream containers (especially with white lids), plastic jars and margarine containers they would like to donate to the Arts department, we would greatly appreciate the recycled items.

Karen Ellis
Arts KLA
**Love2read**

The National Year of Reading 2012 is about children learning to read and keen readers finding further sources of inspiration. This initiative is about helping people discover and rediscover the magic of reading.

For more information visit www.love2read.org.au or snap the QR code

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**QR CODES**

Quick Reference codes are 2D bar codes readable by QR scanners and smart phones. Libraries are utilising this technology to link to book trailers and author websites. Load the appropriate app onto your devise and snap away.

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**PREMIER’S READING CHALLENGE UPDATE**

The Premier’s Reading Challenge for 2012 is now reaching the half way mark. To complete the challenge, students only need to read 15 books before 31st August, 2012. Prizes, house points and a free lunch will be awarded to individuals that complete the challenge.

Already we have had a number of students successful in completing the challenge.

Melanie Pauer  
Brayden McManus  
Erica Gilbert  
Benjamin Donald-Wilson  
Stacey Cooper  
Ian McNabb  
Isla Macleod  

Matthew Neil  
Library Coordinator

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**FORTNIGHTLY BOOK REVIEWS**

**Mercy**

Mercy, an angel exiled from heaven, doesn’t know if tomorrow she will be the same person or someone else. Mercy is exiled from heaven for a crime she doesn’t remember committing. She gets moved repeatedly, stealing peoples’ bodies for a time. So when Mercy wakes up on a bus as Carmen Zappacosta who’s headed for Paradise, she’s in for a ride!

Mercy must find out who’s been abducting singing sopranos, all the while not getting caught by a group of angels out for her blood.

Mercy, written by Rebecca Lim, is a great book that I continue to read repeatedly. For fans of the supernatural, or mystery this is one book you should read!

If you like Mercy you should read the other books in the series: Exile, Muse and coming soon, Fury.

By Melanie Pauer Y8

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**The Lady in the Tower**

The Lady in the Tower is a historical book set in the time of King Henry VIII. The servants call it the Lady Tower.

The tower holds Eleanor’s mother, Lady Elizabeth. After a terrible accusation against her, Elizabeth and Eleanor’s only comfort is the letters they send to each other.

Four years of being imprisoned, Eleanor is still finding a way to rescue her mother. A chance discovery reveals a plot to kill her mother. Her father, the one who imprisoned her mother she cannot even trust.

This book, while fictional is also historical and exciting to read.

The book is by Marie-Louise Jensen. The other book by her is Between Two Seas. This book I highly recommend for history lovers of the Tudor Era.

By Melanie Pauer Y8
RUNNING
GROUP

Tuesday & Thursday
7:30am
Meet at the ECA
Breakfast provided

GET FIT IN 2012!!!

VCE MASTER CLASSES

In support of students studying Units 3 & 4 at Healesville High School, Lilydale Heights College, Lilydale High School, Mooroolbark College, Yarra Hills Secondary College and Upper Yarra Secondary College, a Master Class program has been developed to assist students prepare and revise for their upcoming VCE examinations.

This program is part of the Yarra Ranges & Yarra Valley VCE Network commitment to improving VCE achievements through increased teacher capacity and by enhancing students’ opportunities to succeed.

The Master Classes are considered essential exam preparation by the Unit 3 & 4 teachers in the Yarra Ranges & Yarra Valley VCE Network. Classes are usually held on nominated weekends in May & Sept/Oct at Swinburne University, Lilydale Campus.

Follow the link below to book upcoming Master Classes:

http://www.trybooking.com/21511
From May puts sun hats away. That’s the SunSmart winter message, but what does this mean for your staff and students?

The sun's ultraviolet (UV) radiation is the major cause of skin cancer and the best natural source of vitamin D. Vitamin D is essential for bone and muscle development and the prevention of osteoporosis. From May until August in Victoria, the UV drops below three, meaning most of us need to make an extra effort to get outside for some vitamin D exposure. During these low UV months, sun protection is not required unless near highly reflective surfaces such as snow or outdoors for extended periods.

But just how much sun is enough for vitamin D?

From May - August, SunSmart recommends that Victorians with fair to olive skin get two to three hours of midday winter sun exposure to the face, hands and arms (or equivalent area of skin) spread over the week to help with vitamin D levels.

Staff and students with naturally darker skin (Fitzpatrick skin types 5 and 6 – see image) or those that cover up for religious or cultural reasons, may require up to three to six times more sun exposure to help with their vitamin D levels.

Tips for staff and student vitamin D exposure

Physical activity assists the body’s synthesis of vitamin D, so schedule activity which gets students outside and active in the middle of the day. Walk briskly on yard duty or consider a walking meeting.

The more skin exposed, the better, so after you’ve warmed up, take off the scarf and roll up the sleeves.

Download SunSmart’s free UV Alert widget to your school website so that staff and parents know when the UV drops below 3.

Check out SunSmart’s Vitamin D tracker - smartphone app and online versions. Get your students to work through the tracker to see if they are meeting their vitamin D requirements. The vitamin D tracker and more information on vitamin D is available at www.sunsmart.com.au

Remember that snow + alpine conditions can affect UV levels and therefore sun protection is still required for ski camps and excursions.

Those concerned about vitamin D levels should visit their GP. Levels can be checked via a simple blood test and treated with supplements where required.
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### BECOME A VOLUNTEER HOST FAMILY

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2012. Students from Italy, Belgium and The Netherlands are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family.

Find out more!
Don’t miss out on this wonderful opportunity and contact WEP today to receive a full information pack for your family.

Chantel Woods
Inbound Exchange Administrator
Phone: 1300 884 733
Email: wep@wep.org.au
Online: www.wep.org.au

### Single Parents Active Kids

Brings to you a
FREE Single Parent Family Fun Day
Sunday 10th of June 2012
12 noon – 5 pm

The wonderful Temple Society
premises, indoor/outdoor options
54 Elizabeth St, Bayswater melways
reference is 64 F7!!

Free BBQ and Drinks
Free kids activities and games
Free face painting, Membership Specials + So
Much More!!

ENTERTAINMENT FOR ALL!!
Please RSVP to Moush on 0430 564 119
or info@singleparentsactivekids.org

### MOOROOLBARK FIRE BRIGADE IS RECRUITING VOLUNTEERS NOW!

Have you always wanted to help your community, learn new skills and make new friends? Well becoming a CFA brigade volunteer could be just what you were looking for. Mooroolbark Fire Brigade is currently recruiting volunteer firefighters to join our team, especially active men and women, 16 years or over for emergency response.

The Mooroolbark Volunteer Fire Brigade provides a professional emergency service. This includes attending house fires, car accidents, grass and bush fires.

You will be fully trained and issued with protective equipment at no cost to you. Being a CFA volunteer is extremely rewarding and enables you to challenge yourself in a supportive, fun and friendly environment.

For more information please contact Brigade Support Officer Sue Hanley on 0417 106 440 or the Fire Station on 9720 9483.