PRINCIPAL’S REPORT  
August 9, 2013

"The most positive thing we can do to change the world, is to change our own beliefs to something more positive." - Shakti Gawain

CHINESE VISITORS

Recently we have had the privilege to enhance our sister school relationship with a visit from Wujiang Senior Middle School in China. It has been an exciting opportunity and experience for the Mooroolbark community to have staff and students from both schools, share in the cultural and educational exchange between each other. We have gained a great deal from this visit, and relationships from both schools have strengthened.

The Principal of Wujiang and I are very grateful to the families who opened their homes and hearts to provide the students from Wujiang with a wonderful and lasting experience of Australian life. This was the first time these students have travelled out of China and have been away from home. It is a credit to our families that these students have been left with positive impressions of Australia. The host families have certainly supported both schools in further enhancing the developing relationship between us.

As a result of this visit, we are in the process of planning a return trip by some of our students to Wujiang Senior Middle School.

RECOGNISING EXCELLENCE

We are an outstanding College with students regularly achieving notable results. Each semester students are recognised for excellence, effort and achievement. I congratulate all the students who will be receiving Certificates, these will be handed out during House Assemblies.

PRINCIPAL FOR A DAY ‘Kim Wilson, Chief Editor for New Idea’

Every year we participate in the ‘Principal for a Day’ Program. It is a program which invites Business Leaders to come into Schools and Colleges to share their knowledge with students. In the past we have been very appreciative to have outstanding people come to our College, providing fabulous experiences for our students.

This year the Principal for a Day is on the Friday 6th September. We have been fortunate to have the Chief Editor for ‘New Idea’, Kim Wilson visit us. It is a great opportunity for our College to have someone who runs Australia’s oldest magazine (110 years) reaching 1.4 million Australians come and spend the day with our students. Kim is a local person, growing up in our area and has been extremely successful in all the jobs she has had. She has won many awards including being named ‘Editor of the Year’ by the Magazine Publishers Association.

Pacific Chief Executive Nick Chan, has described her as being a “renowned talent with an impeccable market understanding, proven editorial experience and well-established industry relationships,”

Kim is a leader on the national stage and influencing the opinions of many. It will be a great opportunity for our College.
VCE BIOLOGY EXCURSION
On Wednesday 17th July, 44 Year 12 (Unit 4) Biology students attended Melbourne University for the day. The students worked in the Genetics laboratory completing three coursework tasks. They worked independently and as a group to separate pieces of DNA from bacteria. They analysed the DNA to determine how large the DNA fragments were. The students observed fruit flies, both wild type and mutant strains. They used their knowledge of genetics and inheritance to predict the ratios of mutant strains in the following generations. We were extremely proud of the students in the laboratory. They worked appropriately with the University staff and demonstrators, asking lots of in depth questions and enjoying the experience. The students travelled to the University by train and tram and navigated their way around the city very easily. Well done, Year 12 Biology students!

Amanda Peters and Debra Curciev
Year 12 Biology Teachers

INTENSIVE SPORT

On Monday 29th July two experienced senior Hawthorn footballers visited Mooroolbark College. The players Ryan Shoemakers (#25) and Luke Bruest (#22), spent Period 1 with our Year 10 Intensive Sport Class, speaking about elite lifestyles, training techniques (including recovery and rehabilitation), leadership and sporting culture. The class found this experience invaluable. The players then spoke to our Year 7 Football Team (pictured) who were playing in the Eastern Zone final the following day. Ryan and Luke were thoroughly impressed with our College, in particular the attitudes and behaviour of our students.

Luke McCormick
Blue House Leader

Simon Reid
Principal

Students do need to complete their homework as it is a valuable reinforcement of the learning they have done in class. In addition to this it is important that each night students take the time to read through notes and go over the concepts they have learnt. By doing this it ensures that the concepts are retained in the long term memory. A couple of tips for you and your child are;

- **Multi-tasking- DOESN’T WORK.**
  Your children will argue with you that they can multi task, listen to music, do face book and study at the same time. They are wrong! They can certainly do it, but there will be no learning and no retaining of information.

- **Memory**
  Memory is increased by repetition but is also increased when the new information is used to perform some tasks. Describing the new information in different forms and organising the new information so it is meaningful, also increases retention. We need to provide well-structured practice opportunities and frequent reviews.

**ASSISTANT PRINCIPAL**

WHAT THIS MEANS FOR YOU AT HOME AS A PARENT/GUARDIAN

Ask your child to tell you about what they have learnt or draw it or write it or dramatically present it. Children need to act/demonstrate their learning to consolidate the concepts and commit it to memory.

**INFORMATION NIGHTS**

We are presently having Information nights for students who will be in Year 9, 10, 11 and 12 in 2014. There is a great deal of information provided on these nights about the courses offered within the College and the possible pathways for students. I urge all parents if you are at all uncertain about the options available for your children, please do not hesitate to call the College. We are here to support you and your children to be able to make an informed decision for their education.

Simon Reid
Principal

**HOMEWORK AND STUDY TIPS**

It is critical that all students continue to study and go over all the concepts they have learnt at the College. It is a commonly held myth that doing homework is studying. **IT IS NOT!**

**INTERSCHOOL ATHLETICS CARNIVAL**

I would like to thank Dane Keogh and Todd Zarebski for their organisation for our students to compete at the Regional Athletics Carnival. The day ran smoothly with over 100 students participating. I want to also thank the staff who supported the students at the event for their enthusiasm and encouragement of students, ensuring the day was one to remember for them. Congratulations to all the students who competed, it is a great honour to represent our College. We are all very proud of your efforts.

**SCIENCE**

PRINCIPAL

PHYSICS

**PRINCIPAL**

PHYSICS

**INTERMEDIATE SPORT**

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Luke McCormick
Blue House Leader

Simon Reid
Principal
Mooroolbark College would like to invite all past and present students and staff members to our 40th Anniversary Celebration to be held on Tuesday September 10, 2013.

On this day we are planning a range of activities for our current students that will coincide with our annual Student Representative Council Carnival Day. After hours we would like to invite you to “take a trip down memory lane” with us as we reminisce and explore our 40 year history.

We invite you to take a tour and explore your old classrooms and grounds - official tours will be held between 5pm-6pm. Afterwards come over to the building that started it all and join us for finger food and drinks whilst exploring the archival displays and collections that range from 1973 until 2013, or catching up with school friends and teachers. (If you are unable to make it during this time, please email the College at: 40yrs_celebration@mooroolbarkcollege.vic.edu.au and we will organise a time during the day to guide you around).

We hope that as many members as possible of the Mooroolbark College community, past and present, will take the opportunity to celebrate with us.

To book and RSVP please email the below address:
mail to:40yrs_celebration@mooroolbarkcollege.vic.edu.au

Tickets will be emailed to you prior to the event and will include a guided tour of your old classrooms as well as the new ones, access to the archival collections, finger food and non-alcoholic drinks and a chance to catch up with class mates and/or teachers.

A limited edition commemorative history book entitled “Purposeful, fruitful & meaningful activities, honouring our College as well as past and present staff and students, has been compiled and will be available to purchase. To pre-order please email your contact details to the below email address or a limited number of copies will be available to purchase on the night for $20.00.

40yrs_celebration@mooroolbarkcollege.vic.edu.au

WHERE ARE YOU NOW????

With our 40th Year Anniversary Celebration Day fast approaching, we are eager for past students, current and past staff and parents associated with the school from when the school first opened in 1973 to 2012, to know about our Celebration Day. Please spread the word as we begin advertising this event through a range of media.

We are also on the look out for memorabilia so if you have any keepsakes in your possession, we would very much appreciate being able to borrow these items to display during our Celebrations. This could be in the form of past school uniform items, badges, flags, banners, etc.
Meet The Author

Monday 19th August

Session 1 - 9 to 10am
Years 7 to 9

Session 2 - 10:30 to 11:30am
Years 10 to 12
READING CHALLENGE

PREMIERS’ READING CHALLENGE 2013—ONLY 1 MONTH TO GO!
With only just over a month to go, the Premiers’ Reading Challenge for 2013 is fast approaching its final stage. Already over 1,776 books have been read with 33 students completing the challenge. All students in Years 7-10 are automatically registered. To complete the challenge students only need to read 15 books before 31st August, 2013. All students that complete the challenge will receive 10 house points, a certificate, a free pizza lunch and the chance to win a number of exciting prizes, such as signed novels.

The current house standings are as follows:

Yellow House - 110 points
Red House - 90 points
Green House - 70 points
Blue House - 70 points

The current Year 7 form group standings are as follows:

7C  127 books completed
7E  126 books completed
7B  123 books completed
7D  106 books completed
7A  85 books completed
7H  73 books completed
7J  55 books completed
7G  42 books completed
7I  41 books completed
7F  37 books completed

As an added incentive to continue reading, students that complete the Premiers’ Reading Challenge will also be given priority to attend a special FREE presentation conducted by Australian Author George Ivanoff at the College on Monday 19th August.

To find out more information on any and all matters relating to the Library, please contact Mr Neil at the College on 9727 8100.

Matthew Neil
Library Coordinator

READING CHALLENGE contd.

Students that complete the Premiers’ Reading Challenge will be eligible to attend a very special excursion to the Melbourne Writers Festival at Federation Square where they will attend presentations hosted by critically acclaimed authors, Deborah Ellis, Morris Gleitzman and Andy Griffiths.

WINTER CONCERT
The Mooroolbark College Winter Concert this year will be held on Monday 26th August from 7.00pm at the Mooroolbark Community Centre.

This is a wonderful opportunity for you to see and hear some amazing performances from our College music students.

Tickets can be purchased at www.trybooking.com/DHLF or at the door on the night.

Lisa Gaudion
Instrumental Music Coordinator

PERSONAL GOODS BROUGHT TO THE COLLEGE ARE AT THE OWNER’S RISK
Personal items brought to the College are not covered by Department of Education and Early Childhood Development or School insurance. The College has no capacity to pay for any loss or damage to any personal property brought to the College. This can include mobile phones, electronic games, calculators, toys, musical instruments, sporting equipment, and cars parked on College premises. Students are discouraged from bringing any unnecessary or particularly valuable items to the College.

CALCULATOR FOUND (BRYD)
Calculator found in quadrangle near canteen.
See Mr Bryan in Office opposite A2 if you have lost a calculator.

Uniform Policy Change
Further to the College Council meeting held recently the following amendment was made in relation to the College Uniform Policy - “Tattoos cannot be visible and must be covered at all times. In Victoria the legal age for a Tattoo is 18. (Department of Health; Regulations of tattooing and body piercing: Legal restrictions on tattooing in Australia).”

186 Manchester Rd, Mooroolbark, Vic 3138
Phone: (03) 9727 8100  Fax: (03) 9727 8188  Web: www.mooroolbarkcollege.vic.edu.au
MOOROOLBARK COLLEGE FILM FESTIVAL

Want a family trip to the cinemas, but the high prices are bringing you down?

Come along to the Mooroolbark College Film Festival on the 29th of August.
It will kick off at 7pm in T Block. It will be movies galore with short films brought to you by the Year 10 Media students. Who knows, you could be seeing the first works of the next Martin Scorcese or Tim Burton.
It is only a gold coin donation to get in and during lunchtime it is free for students.
If this doesn't already sound as appetising as a 5 star lobster buffet, there will be free food and prizes up for grabs.
Do not miss out on the biggest (or maybe shortest) films of the year.
There will be films for all tastes, so it doesn't matter if you are action and horror inclined, or more of a soft rom-com sort. There will be something for all palates.

Eric Sidey
Year 11 Media Student

Poster by Petar Kozul
Year 11 Media Student
VCE MASTER CLASS PROGRAM FINAL EXAMS 2013

In support of students studying Units 3 & 4 at Healesville High School, Lilydale Heights College, Lilydale High School, Mooroolbark College, Yarra Hills Secondary College and Upper Yarra Secondary College, a Master Class program has been developed to assist students prepare and revise for their upcoming VCE examinations.

SERIES ONE – Sunday 8th September

<table>
<thead>
<tr>
<th>Time</th>
<th>Subject</th>
<th>Presented by</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00am–3.00pm</td>
<td>PSYCHOLOGY</td>
<td>Ross Down</td>
</tr>
<tr>
<td></td>
<td>HEALTH &amp; HUMAN</td>
<td>Andrew Beaumont</td>
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SERIES TWO - Sunday 15th September

<table>
<thead>
<tr>
<th>Time</th>
<th>Subject</th>
<th>Presented by</th>
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<tbody>
<tr>
<td>10.00am–12.00pm</td>
<td>LITERATURE</td>
<td>Malcolm Martin</td>
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<tr>
<td>12.30pm–2.00pm</td>
<td>ENGLISH</td>
<td>Ross Huggard</td>
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<tr>
<td></td>
<td></td>
<td>Experienced VCE teacher, Lecturer, Exam Assessor &amp; Author</td>
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<tr>
<td></td>
<td>BIOLOGY</td>
<td>Amanda Peters</td>
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<td></td>
<td></td>
<td>Experienced VCE Biology &amp; Chemistry</td>
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SERIES THREE - Sunday 13th October

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<tr>
<th>Time</th>
<th>Subject</th>
<th>Presented by</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00am–12.00pm</td>
<td>BUSINESS MANAGEMENT</td>
<td>Julie Cain</td>
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<td></td>
<td></td>
<td>Experienced VCE teacher &amp; Author</td>
</tr>
<tr>
<td>12.30pm–2.00pm</td>
<td>HISTORY REVOLUTIONS</td>
<td>Dr Richard Malone</td>
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<td></td>
<td>FRANCE</td>
<td>Experienced VCE teacher &amp; Author</td>
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<tr>
<td>2.30pm–4.00pm</td>
<td>HISTORY REVOLUTIONS</td>
<td>Dr Richard Malone</td>
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<tr>
<td></td>
<td>RUSSIA</td>
<td>Experienced VCE teacher &amp; Author</td>
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<tr>
<td>2.45pm–4.45pm</td>
<td>LEGAL STUDIES</td>
<td>Tony Kuc</td>
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<tr>
<td></td>
<td></td>
<td>Experienced VCE teacher, Author &amp; Exam Assessor</td>
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<tr>
<td>Cost:</td>
<td></td>
<td>$10</td>
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Venue Information: Lilydale Heights College: Performing Arts Centre
17-19 Nelson Road Lilydale Melways Ref: 38 C1

Booking Information: Bookings must be made online at-
http://www.trybooking.com/55574

Please note: your browser settings may need to be changed to allow “session cookies”

Credit card payment is required at time of booking, 30cent booking fee applies.
Ticket purchases close on the Friday at 5.00pm, prior to each weekend session.
Students will only be admitted with a ticket.
MOOROOLBARK COLLEGE PRESENTS

WINTER CONCERT

MOOROOLBARK COMMUNITY CENTRE

DATE: AUGUST 26

TIME: 7:00

ONLINE PRICES.
$8.00 ADULT
$5.00 CHILD/STUDENT
$20.00 FAMILY

30 cent booking fee.

DOOR PRICES.
$10.00 ADULT
$7.00 CHILD/STUDENT
$22.00 FAMILY

Online bookings through
www.trybooking.com/DHLF
Asthma and Complementary Therapies

Complementary or alternative therapies are becoming increasingly popular in Australia, and many people seek out complementary remedies to support their health. As with any health condition, if you or a family member have asthma and are considering using complementary therapies, we strongly advise that you communicate with your doctor about your asthma treatment. They may even be able to suggest safe therapies to try. It is equally important to communicate to any complementary therapists about your asthma so that they can avoid treatments that are known to potentially make one's asthma worse.

Complementary therapies considered safe for asthma are: exercise programs, vitamin D, low-salt diet, some Chinese herbal medicines, some Indian (ayurvedic) herbs, music therapy, tai chi, buteuroy (breathing technique).

Complementary therapies considered potentially unsafe for asthma are: inhaled salt (small risk of a fungal respiratory infection), echinacea, bee pollen or royal jelly (propolis), and products containing aspirin.

Remember, response to treatments and medications differs between people. Make sure you or your children continue taking any asthma medications prescribed unless otherwise instructed by your doctor. Stopping asthma medications suddenly can result in worsening asthma symptoms and even an asthma attack. For more information regarding complementary therapies and asthma please refer to The National Asthma Council (NAC) [http://www.nationalasthma.org.au] or contact The Asthma Foundation of Victoria for your free copy of the new NAC Asthma & Complementary Therapies brochure.

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.

MOUTHGUARDS

The wearing of mouthguards during PE can avoid the many unpleasant and even inadvertent problems and are recommended at all times.

The College has published the professional mouth guard manufacture website for schools Playsafe Mouthguards in earlier Newsletters.

Even the purchase of a plastic Mouthguard from the Chemist can give some protection for little cost.

Dane Keogh/Todd Zarebski
Health & PE Coordinators

STUDENT INFORMATION

Could all parents/guardians please notify the College on 9727 8100 of any changes to their enrolment information as soon as possible. This will keep your records updated within the College system at all times.

Carmel Gibbs
Administration

The Homework Group for 12-18yr olds operates from Lilydale Library every Thursday from 3.30pm-5.00pm.

Maths tutor available for students who may be struggling with the subject in the classroom.

For more information please contact Maria on 92946774/m.mcloughlin@yarraranges.vic.gov.au

COLLEGE INFORMATION

BPAY – REMINDER

If you are making a BPAY payment for specific charges such as camps, excursions, iPad programs etc. it is essential that you contact the College for each transaction to ensure that your payment is allocated to the correct charges on your account.

This can be done by either:
email – mooroolbark.co@edumail.vic.gov.au
Phone – 9727 8100
Fax – 9727 8188
Or a copy of your receipt brought in to the College Office.

By not notifying the College, BPAY payments will automatically go towards the oldest outstanding invoice on your account.

Please address all your communication to Accounts Receivable at the College on 9727 8100.

Ann Stratford
Assistant Principal

NO STANDING ZONES

Shire of Yarra Ranges informs parents/guardians that Ross Pincott Drive is a NO STANDING area from 8am to 9am and 3pm to 4pm On the north side

NO STANDING ANYTIME.

Manchester Road has no standing areas. Please check with the VicRoads website re No Standing.

Photos will be taken by Shire of Yarra Ranges and infringements will be posted out by the Shire
IMMUNISATION REMINDER
Free vaccines recommended for:

**Year 7 students**
- Human papillomavirus (Gardasil)
- Chickenpox

**Year 9 students**
- Human papillomavirus (Gardasil)
  FREE ONLY DURING 2013

**Year 10 students**
- Tetanus, diphtheria, whooping cough

If you did not receive the information earlier this year and your child has not been included in the school based program then please contact the Yarra Ranges Council Immunisation Services Unit on 1300 368 333 or mail@yarraranges.vic.gov.au for more information.
COMMUNITY NOTICES contd.

BUNNINGS Croydon

Fathers Day Family Night

Thursday 29\textsuperscript{th} August

6.00pm-8.00pm

Come and make a gift for Dad. See a hands on Reptile Display, Jumping Castle, Fairy Floss & Face Painting.

Light Refreshments Provided.

BOOKINGS ESSENTIAL 9722-4500

PARENT SUPPORT GROUP

For parents/carers who are supporting people with drug and alcohol issues.

FREE GROUP

The Parent Support Program is a 7 week course that aims to:

• Develop skills and strategies that enhance communication and family relationships
• Increase parental/carer confidence
• Reduce parental/carer stress and tension
• Increase parental/carer knowledge of drugs and alcohol

New Group starting:

Thursday 17 October to 12 December 2013
10 am –12 noon

Inspiro, Belgrave
1624 Burwood Hwy, Belgrave
(Next to Cameo Cinema)

Please call Leah on 9721 3888 to register your interest.