PRINCIPAL’S REPORT
March 15th, 2013

HEALTH FOR LEARNING
Over the coming term we will be running a series of small articles on student health and the issues that are being faced by students to maintain good health so they can maximise their learning. Our first article is as follows:

SPORTS ENERGY DRINKS
Sports energy drinks are all highly sought after by young people, many because of the advertising and the allure of having a positive energy boost, particularly when tired. We have noticed that a number of students are supplementing their breakfast with one of these drinks. There is a real danger in young bodies digesting these types of drinks, particularly in the morning. These drinks have unhealthy quantities of caffeine, guarana and sugar all providing the drinker an unnatural high. The problem comes when the unnatural high wears off and the student is faced with a significant low which will leave them not being able to concentrate, having mood swings and very tired.

We urge all parents to be mindful of what their children are consuming particularly in the morning. Nothing can replace the benefits of a substantial breakfast that has complex carbohydrates and some protein.

SCHOOL COUNCIL
The College Council elections have concluded. I would like to congratulate and welcome the following people onto the College Council:

DEECD REPRESENTATIVES
Ann Stratford
Lyn Godfrey
Jenny Roache

PARENT REPRESENTATIVES
Tania Kempton
Linda Hill
Julie Medlin
Donna White
Margaret Troeller

I thank them for their commitment to the College; their support is greatly appreciated and will make a real difference to our College.

The current members are:
Rachael Williams, Simon Reid, Dannielle Clarke and Carol Wells.

These people are our representatives on the Mooroolbark College Council. If you want to raise anything at Council please contact one of these representatives and they will ensure that it gets placed on the meeting agenda.

The AGM and the first meeting with the new Council will be Tuesday 19th March, 2013.

RETIRING MEMBERS
Thank you to the following people who have retired from the Council; Iain Harrison, Stuart Gay and Andrew Watts. The College greatly appreciates their contribution and support in ensuring that Mooroolbark College has remained a high performing College.

PTCA - Parent Teacher Citizen Association
The PTCA plays a very important role in supporting the College through the coordination and organisation of key events. I urge all parents/guardians to be part of the PTCA as its support is critical to our operation of the College.

Affirmation
Every day is a little life.
Live it to its fullest.
PRINCIPAL contd.

The PTCA had its Annual General Meeting on the 6th March. I would like to thank all who attended the meeting. Congratulations to the following people who were elected to the following positions.

President: Deb Alsop
Vice President: Anne Woolley
Secretary: Mandy Hocking
Treasurer: Sharon Dymond

PTCA School Council Representative: Linda Hill

General Committee:
Anne Chatwin, Janine Fullerton, Beth Rose, Carol Wells, Veronica Kennedy.

MID-SEMESTER REPORTS
This is just a quick reminder that Mid-Semester Reports are being posted home Wednesday 20th March. Please read the reports carefully and discuss it with your son or daughter. Parent/Teacher interviews will be held Wednesday 27th March. This is an important opportunity for you to meet with your children’s teachers. The link for bookings will be open at 12 o’clock on our website from Friday 22nd March and closes at 12 o’clock on Tuesday 26th March.

NO CLASSES WILL OPERATE ON THIS DAY ALLOWING STUDENTS TO ACCOMPANY THEIR PARENTS TO THE PARENT/TEACHER INTERVIEWS.

The College web address is: www.mooroolbarkcollege.vic.edu.au
A computer will be available in the library during school hours if you do not have internet access at home or elsewhere.

DEBUTANTE BALL
On Friday 15th March and Saturday 16th March we will be holding the College Debutante Balls. We wish the Year 11 students who are to participate in our annual Debutante Balls the very best as they perform in front of family and friends. We are very grateful to our Special Guests who have been selected by the students. I am sure it will be a great success as all the students have been practising for the evening.

Mr Turnbull then provided students with the opportunity to ask questions about his career and his views on cyber safety.

PRINCIPAL contd.

iPad Basics and Study Wiz – Parent Training Sessions
To provide support for parents we have been holding ‘Hands on Parent Training Sessions’ on how to use the iPad and also our student management system ‘Study Wiz’.

The information provided at these sessions is giving a basic understanding on how to use an iPad, how the students are using the iPad and to use Study Wiz using the iPad. We have already run two of these sessions and there are two more sessions to be held at night 6.30pm to 7.30pm AND 7.30pm to 8.30pm on Monday 18th March and Tuesday 19th March.

Simon Reid
Principal

ASSISTANT PRINCIPAL

VISIT BY MALCOLM TURNBULL M.P.
On Thursday 7th March, Mooroolbark College received a visit from Malcolm Turnbull, the Federal Member for Wentworth, accompanied by Mr Tony Smith, the Federal Member for Casey. Mr Turnbull met with the Year 11 students and the College and House Captains.

Mr Turnbull was keen to talk to our students regarding the issues which face young people in today’s ever changing cyber world. He was keen to hear the thoughts of our students in relation to managing cyber safety and preparing students to engage safely in an electronic and mobile environment.

In his role as Shadow Minister for Communication and Broadband, Mr Turnbull was keen to talk to our students regarding the issues which face young people in today’s ever changing cyber world. He was keen to hear the thoughts of our students in relation to managing cyber safety and preparing students to engage safely in an electronic and mobile environment.

YEAR 7 SRC REPRESENTATIVES
Last week elections were held to elect four Year 7 students to the Mooroolbark College Student Representative Council. We had a significant number of Year 7 students nominating for positions on the SRC. Each student presented a short speech to their fellow Year 7s in their House.

Thank you to all the students who nominated and they are to be congratulated for their willingness to contribute to the school community.

Congratulations to the following Year 7 students who were successful in gaining a place on the Student Representative Council for 2013.

Blue House - Thomas Sheppard
Red House - Hayden Watkins
Green House - Josh McKay
Yellow House - Aimee MacKenzie

Ann Stratford
Assistant Principal

SCIENCE

YEAR 9 SCIENCE
We have been pleased with the enthusiasm displayed by the Year 9 students this year. Students have been studying the brain and nutrients in food. The brain dissection was definitely a highlight! Students have enjoyed performing experiments to determine everyday foods that contain glucose, starch and protein. We are investigating why we need these nutrients in our diet.

Students have also been given a homework task of looking in the pantry for foods and reading the packets to determine the type and amount of nutrients. Keep up the great work, Year 9 students!

Amanda Peters
Year 9 Science Teacher

ASSISTANT PRINCIPAL contd.

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Amanda Peters
Year 9 Science Teacher
YARRA DIVISION SWIMMING
The Interschool Swimming Carnival was held last Friday 8th March at Croydon Memorial Pool. Mooroolbark faced increased competition this year, with 7 other schools present – far more than we have competed against previously.

Despite this, all the swimmers present displayed exceptional determination and sportsmanship, helping Mooroolbark to finish third overall, behind only Lilydale High School and Healesville. Particular thanks go to the students who swam in older age groups to fill out relay teams – a fantastic display of teamwork.

The girls under 20 Medley and under 16 Freestyle relay teams are to be commended for winning their events, and they will now compete at the Eastern Zone swimming next Tuesday. Congratulations must also be given to Jenny Ringer, Jorja-Shae Baker, Jacob Jones and Amy Learmont, who will proceed to the Eastern Zone in individual events.

In addition to winning several of their individual events, both Jenny Ringer and Jorja-Shae Baker deserve a special mention, as each was the overall champion for their age level on the day. A superb demonstration of swimming prowess by both students!

All of the students who attended on the day were a credit to the school, and on behalf of the school community, we wish our swimmers the best of luck at the Eastern Zone.

Todd Zarebski & Dane Keogh
Sports Co-ordinators

CHINA
We currently have 3 staff members Rachael Williams, Robyn Cooper and Steve Cameron in China on cultural exchange. To follow their adventures please visit: https://blog.mooroolbarkcollege.vic.edu.au/china

MOUTHGUARDS
The wearing of mouthguards during PE can avoid many unpleasant and inadvertent problems and are recommended at all times.

The College has published the professional mouth guard manufacture website for schools Playsafe Mouthguards in earlier Newsletters, but even the purchase of a plastic Mouthguard from the Chemist can give some protection for little cost.

2013 TAZZIE CAMP REMINDER DATES
The Tazzie Camp is to be held from Monday 15th April - Friday 19th April. Please make sure all Medical Forms have been returned and if there are any outstanding monies that they have been paid.

Graham Small
Camp Organiser

NO STANDING ZONES
Shire of YarraRanges informs parents/guardians that Ross Pincott Drive is a NO STANDING area from 8am to 9am and 3pm to 4pm On the north side.

Manchester Road has no standing areas. Please check with the VicRoads website re No Standing.

Photos will be taken by Shire of Yarra Ranges and infringements will be posted out by the Shire.

BPay – REMINDER
If you are making a BPay payment for specific charges such as camps, excursions, iPad programs etc. it is essential that you contact the College for each transaction to ensure that your payment is allocated to the correct charges on your account.

This can be done by either:
email – mooroolbark.co@edumail.vic.gov.au
Phone – 9727 8100
Fax – 9727 8188
Or copy of your receipt brought in to the College Office.

By not notifying the College BPays will automatically go towards the oldest outstanding invoice on your account. Please address all your communication to Accounts Receivable at the College.

BPay

SPORT

CHINA

Mouthguards

2013 Tazzie Camp

NO STANDING ZONES

NO STANDING ANYTIME

 Jacaranda Plus – eBooks Bundle

The JacarandaPlus eBook bundle has been processed at the College and students have been notified of their usernames and logon information needed to download all required resources. Teachers have been informed and students have had ICT sessions on how to logon and download resources.

 JacarandaPlus

186 Manchester Rd, Mooroolbark, Vic 3138
Phone: (03) 9727 8100 Fax: (03) 9727 8188 Web: www.mooroolbarkcollege.vic.edu.au
## Reading Challenge

**Premiers' Reading Challenge 2013**

The Premier's Reading Challenge for 2013 has now begun!

All students in Years 7-10 are automatically registered. To complete the challenge students only need to read 15 books before 31st August, 2013. Throughout the course of the Premier's Reading Challenge there will be weekly prizes and reading events. House points, a certificate and a free pizza lunch will be awarded to individuals that complete the challenge. There will also be a prize awarded to the year 7 form group that reads the most books before the end of the challenge. Already students have registered over 550 books as having been read this year.

The current standings are:

<table>
<thead>
<tr>
<th>House</th>
<th>Books</th>
</tr>
</thead>
<tbody>
<tr>
<td>7D</td>
<td>83</td>
</tr>
<tr>
<td>7C</td>
<td>65</td>
</tr>
<tr>
<td>7I</td>
<td>51</td>
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<td>7B</td>
<td>38</td>
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<td>7E</td>
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<td>7A</td>
<td>34</td>
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<td>7G</td>
<td>22</td>
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<tr>
<td>7H</td>
<td>16</td>
</tr>
<tr>
<td>7F</td>
<td>15</td>
</tr>
</tbody>
</table>

Congratulations to Melanie Pauer, Kaleb Stivey, Braydon Davidson, Lachlan Jenzen, Bradley Menheere, Bryce Szaraszek, Zachariah Weatherley and Nathan Abrehart who have already read 15 books and completed the challenge.

If you require more information, please contact Mr Neil at the College on 97278100 or your child’s English teacher.

## Digital Library

**The Digital Revolution is Here!**

In partnership with Lilydale High School, staff and students of Mooroolbark College are now able to borrow books using the school's digital library system viewable via OverDrive Media Console. Read titles anytime, anywhere using OverDrive which is available for mobile devises and computers.

### Mobile:
- Android™
- BlackBerry®
- iOS (iPhone®/iPad®/iPod touch®)
- Windows® Phone 7

### Computer:
- Windows
- Windows 8
- Mac®

All students in Years 7-9 have automatically been registered and can start borrowing as soon as they follow the below instructions and set up their devices. If any other students in Years 10-12 wish to use the digital library, they just need to see Mr Neil in the library to get access.

### For iPad

To log in, simply follow these steps.

1. Download the ‘Overdrive Media Console’ app from the iTunes app store.
2. If you don't already have an Adobe id you will need to go to [www.adobe.com.au](http://www.adobe.com.au) and register.
3. Open the app and click get books+ in the top right corner.
4. Click add a library and search for Lilydale High School.
5. Click the star so that this library will be remembered for next time.
6. Click Lilydale High School and you will be taken to a login page.

### Jacaranda eBooks

Do you know how to access your JacPlus account? Can you download your Jacaranda ebooks and save them so you can read them offline?

Jacaranda has a great set of help articles on their website.

[http://jacplus.desk.com](http://jacplus.desk.com)

During the second half of lunch each day next week, there will be ICT Drop-In Help sessions in the Library.

Come and see Miss Patten and Ms Cameron if you need help with accessing your ebooks, downloading them into iBooks, setting up your college email account, setting up your eLocker app etc.

### iBooks

iBooks by Apple is an app from the iTunes store where you can download the latest bestselling books and your eBooks from Jacaranda.
PARENT “HANDS ON” IPAD/STUDYWIZ SESSIONS

Mooroolbark College is conducting iPad & Studywiz “Hands On” Sessions for parents and guardians of Year 7 and 8 students at the College over the next few weeks.

These sessions have been designed to be interactive and practical.

Each group will be limited to 15 participants to allow parents to thoroughly explore the iPad and the College’s Learning Management System, Studywiz.

What will be covered?

<table>
<thead>
<tr>
<th>iPad</th>
<th>StudyWiz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Checking the browsing history on an iPad</td>
<td>Finding the daily bulletin</td>
</tr>
<tr>
<td>How to know what apps are open?</td>
<td>Getting messages to your child’s teachers</td>
</tr>
<tr>
<td>Parent controls</td>
<td>Receiving messages from your child’s teachers</td>
</tr>
<tr>
<td>Quick tricks using the iPad</td>
<td>Finding work set by your child’s teachers</td>
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<tr>
<td>Loading and finding your child’s text books</td>
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<tr>
<td>iBooks as a resource</td>
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<tr>
<td>Finding out what is on your child’s iPad</td>
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</table>

Dates and Session Times:

To book go to ONE of the following links or via the Mooroolbark College website:

<table>
<thead>
<tr>
<th>Date</th>
<th>Times</th>
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<tbody>
<tr>
<td>Tuesday 12th March 2013</td>
<td>6.30 pm – 7.30 pm &amp; 7.30 – 8.30 pm</td>
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<tr>
<td>Wednesday 13th March 2013</td>
<td></td>
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<tr>
<td>Monday 18th March 2013</td>
<td></td>
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<tr>
<td>Tuesday 19th March 2013</td>
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http://www.trybooking.com/CMKB or http://www.trybooking.com/43525

Bookings are essential and close at 9.00 am on the day of each session.

What do you need to bring to your session?

Either

1. Your child’s iPad with all login details.

Or

2. iPads and computers will be available for our use.

Please note, if there is less than 5 participants booked for a session, parents/guardians will be contacted and asked to reschedule.
COMMUNITY NOTICES

The Department of Education and Mooroolbark College do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education and Mooroolbark College for the accuracy of information contained in advertisements, or claims made by them.

Werribee Open Range Zoo’s Keeper for a Day program
Are you thinking of a career in working with animals? Come and join us for a day and participate in a range of hands on experiences designed to provide you with an insight into the role of a zoo keeper. This is a great opportunity to find out first hand from keepers the skills and experience recommended to gain a position as a Zoo keeper amongst a competitive field of applicants.

Ages: 13-18 years
Cost: $131.00 (includes morning tea, $32.70 zoo members

Bookings: 9255 5406
www.zoo.org.au/werribee-open-range-zoos-keeper-for-a-day

Healesville Sanctuary’s Vet for a Day program
Come and work alongside our vets on real life cases involving Healesville Sanctuary’s animals, including endangered species and injured wildlife. Find out the pathways you can take to become a vet.

Ages: 15-19 years (years 9-12)
Cost: $125 (includes morning tea, $112.50 zoo members

Bookings: 9255 5406
www.zoo.org.au/healesville-sanctuary-vet-for-a-day

Healesville Sanctuary’s Keeper for a Day program
Go behind the scenes with some of our most precious and endangered Australian animals. Come and work alongside our threatened species keepers at Healesville Sanctuary and learn how you can help fight extinction.

Ages: 13-18 years
Cost: $131.00 (includes morning tea, $32.70 zoo members

Bookings: 9255 5406
www.zoo.org.au/healesville-sanctuary-keepers-for-a-day

CROYDON BASEBALL CLUB

COME & TRY DAYS
SATURDAY 16TH MARCH
SATURDAY 6TH APRIL
10:00am – 12:00pm

Croydon Primary School

KILSYTH HEAT BASKETBALL CLUB

Come and join in the fun and feel the Heat at the Kilsyth Heat Basketball Club!

BOYS Under 9 to Under 21 teams, Play Saturdays.

GIRLS Under 9 to Under 21 teams, Play Tuesday and Wednesday nights.

Girls and Boys MiniBall on Saturdays, A great way to learn basketball.

Please Contact Justin Smith on 9798 4219 / 0416 656 615
for more information on how to get your child involved in Basketball.

Lakeside Medical Clinic
2-4 Alfred Rd, Lilydale 3140

BULK BILLING

Our services also include:
- Child and Adult Immunisation
- COPD testing/Spirometry
- Travel Medicine and Vaccines
- Child and Maternal Health
- Diabetes Management
- Pathology incl. Blood Monitoring
- Chronic Disease Management
- Glucose Monitoring
- Female Health and Contraception
- Health Assessments
- Mental Health Care Plans
- Asthma Education and Action Plans
- Aboriginal Health
- Psychologists
- Remedial Massage
- Physiotherapy
- Pap Smears and Pregnancy Tests

Call Lakeside Medical Clinic on 9739-7211 and book your appointment today!

Welcome to Lakeside Medical Clinic!
We are proud to offer...
- A bulk billed service
- Both male & female doctors
- Practice Nurses
- Newly built facility with large treatment room
- Large waiting area
- Separate children’s play area
- Disabled parking
- Wheelchair access
- Onsite car parking

Our hours are:
Monday-Thursday 8:00am-5:00pm
Friday 8:00am-6:00pm
Saturday 9:00am-2:00pm
Sunday – Closed

We also provide after-hours medical attention to existing patients. Please call 9739 7211.